

Junior High Menu Fall 2021

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Multigrain Cereal	Multigrain Cereal	Multigrain Cereal	Multigrain Cereal	Multigrain Cereal
Fresh Baked Muffin	Fresh Baked Muffin	Fresh Baked Muffin Top	Fresh Baked Cinnamon Roll	Fresh Baked Muffin
French Toast Sticks	Sausage, Egg Breakfast Sandwich	Sausage, Egg Breakfast Sandwich	Sausage, Egg Breakfast Sandwich	Sausage, Egg Breakfast Sandwich
2nd Chance Breakfast Muffin or Breakfast Bar	2nd Chance Breakfast Muffin or Breakfast Bar	2nd Chance Breakfast Muffin or Breakfast Bar	2nd Chance Breakfast Muffin or Breakfast Bar	2nd Chance Breakfast Muffin or Breakfast Bar

Daily Lunch Options

Pizza, Cheeseburgers, Hamburgers, Veggie Burgers, PB&J Sandwiches
 Lunch is served daily w/ Side salads, seasonal fresh fruits & vegetables, and 1% white or non-fat chocolate milk
 Items in Green are entrees that can be made Gluten Free. These are for students with a medical meal accommodation form on file.

LUNCH

Bean & Cheese or Beef & Rice Burritos	Beef Tacos w/ Chips	Parfaits w/ String Cheese	Beef Tacos w/ Chips	Chicken Chunks w/ Tots & Chips
Spicy Chicken Tenders w/ Tots & Chips	Asian Chicken Bowl	Bean & Cheese or Beef & Rice Burritos	Rancher Wrap w/ Chips	Asian Chicken Bowl
		COOKIE	Chicken Salad/ Taco Salad w/ Chips	